Orienteering map of scale 1:2500 **COEDBACH PARK Pontardulais** contour interval 2.5m Swansea Bay magnetic north 2007 Grid Reference: SN 594 032 breathe swansea anadlu abertawe open parkland scattered trees rough open ground impenetrable thicket forest: run forest: slow run forest: walk undergrowth: slow run undergrowth:walk tarmac settlement contours form line steep earth bank depression, rootstock knolls: large, small surfaced path unsurfaced path unsurfaced small path indistinct path fence, high fence gate wall seat, litter bin trim trail equipment, picnic table building, small building concrete base, boulder distinctive tree thickets hedge Based upon the Ordnance Survey mapping with the permission of the Controller of Her Majesty's Stationary Office. distinct vegetation change © Crown Copyright reserved. OS License No. 100023509 Survey and cartography by The MapWorks, spring 2007 marsh, uncrossable marsh (01249) 657361 Revision by Dave Bird, January 2012

## Orienteering in Coedbach Park

**AIM.** The aim in **orienteering** is to get around a course, made up of a series of control points, by working out a route between them from the map and then map-reading your way along the route and finding the controls.

**THE MAP.** This is a standard orienteering map; the symbols and colours are explained in the legend. The scale is 1:2,500 which means that 1cm on the map represents 25m on the ground, as shown by the scale line.

**CONTROLS and MARKERS.** The locations of the controls are shown on the **map** by numbered circles in red, and a description of each is given below. The controls are marked on the **ground** by a post on top of which is a plaque with a red and white orienteering symbol. There is a number, which corresponds to the same control on the map, and a letter which you note down in the appropriate box on the control card below to confirm your visit.

**DISTANCES.** The distance from one point to another can be worked out using the scale line on the map. When measuring on the ground, a metre is roughly one man-sized stride.

**DIRECTIONS.** Whichever direction you are going or facing, keep the map the same way round as the ground, i.e. **orientated**. When you go forward, features to one side on the map will be on the same side on the ground.

**THE COMPASS.** If you have one you can use it to **orientate** the map. The needle points to magnetic north. Use this to keep the north arrows on the map pointing north too. Also, the compass is especially useful for finding accurate directions across areas without paths, and to sort out which way to go at path junctions, etc.

How to use a baseplate compass for directions:

- 1. Place the edge of the compass's baseplate along the direction you want to go on the map.
- 2. Turn the capsule so that the parallel lines in it are in line with the north lines on the map.
- 3. Take the compass off the map and hold it in front of you, pointing forward. TURN YOURSELF with the compass until the needle is in line with the lines in the capsule.
- 4. Travel forward in the direction the front of the compass is now pointing.

## **CONTROL DESCRIPTIONS:**

Start	Path junction	5.	Earthbank bend	10.	Path junction
1.	Path junction	6.	Fence corner	11.	Path junction
2.	Path end	7.	Earthbank bend	12.	Path/Ditch junction
3.	Path end	8.	Path junction	13.	Fence corner
4.	Hedge, West end	9.	Path/Ditch junction	14.	Fence end

FURTHER ORIENTEERING OPPORTUNITIES. If you would like to do more orienteering there are other permanent courses you can visit, and maps can be downloaded from the Council's website <a href="www.swansea.gov.uk/orienteering">www.swansea.gov.uk/orienteering</a> The local club, SWANSEA BAY ORIENTEERING CLUB, organizes events throughout the year, and their fixtures list can be found on the club's website at <a href="www.sboc.org.uk">www.sboc.org.uk</a>

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1.	2.	3.	4.	5.	6.	7.
8.	9.	10.	11.	12.	13.	14.