

July 2021

To adults with a learning disability or a physical disability and their families who access respite provided by the Local Authority

We want to provide you with an update on the position of the Ty Cila/Alexandra Respite Service and the protocols the service is required to adhere to. We continue to have a reduced number of places available due to social distancing and other infection control measures that we are required to adhere to under coronavirus restrictions.

We need to emphasise that the service will still look and feel different due to these restrictions, but we continue to work hard to make it a positive and welcoming experience for you.

We have attached a short summary as a reminder of the current Ty Cila Protocols in place. This information is correct as of July 2021.

If you have any queries on requesting or accessing respite under the proposed arrangements please contact your Care Manager. If you access Learning Disability services please contact the Community Learning Disability Team on 01792 614100, if you access other services please contact the Common Access Point at CAP@Swansea.gov.uk or on 01792 636519.

Yours sincerely



Amy Hawkins
Interim Head of Adult Services

Ty Cila Respite Provision– Covid-19 Protocols July 2021

Please note - These protocols will be kept under review in line with any changes to Welsh Government guidance.

We continue to welcome requests for respite at Ty Cila. However due to restrictions e.g. on building capacity, enforced by Covid-19 regulations, we are still unable to honour previously agreed allocations. Requests for respite stays will continue to be made via your care manager. Further, there will still be some changes to your respite experience due to the requirement for infection control measures, social distancing, self-isolation, staff wearing masks and aprons/coveralls, and changes to the way the building is used, e.g. one way systems in place.

Testing

Proof of a negative PCR Covid-19 test (not a Lateral Flow Test) up to 48 hours prior to admission will be required every time you/your family member comes for a respite stay. This can be by email or text.

You or your care manager can arrange the test. There are strict rules on this that your care manager will be able to explain to you. A negative test result is only valid for 48 hours and respite needs to commence within this time.

Transport

We hope that your relatives/carers will be able to bring you to the respite as travelling with a family member/carer is the safest way to get to the respite service. We may be able to consider providing transport if this is not possible but due to the restrictions of social distancing on transport this will be very limited.

Admission

Individuals can arrive for their respite stay any time after 2pm on the day their respite begins.

Self-Isolation

If you have received two doses of the Covid-19 vaccine, you no longer have to self-isolate within the service. However, if you start to display symptoms of Covid-19 then you must isolate.

Individuals who have not received both vaccinations when entering the respite service are still required to self-isolate because they are entering a residential setting, which is the highest risk for coronavirus. This is in line with Welsh Government requirements.

You are required to self-isolate during the first 14 days of a respite stay. If you go home within this period, you are no longer required to self-isolate.

- Self-isolation means that you will not be able to leave the building during your stay apart from to go into the garden.
- Staff will support and engage with you in a variety of activities within the service.
- Self-isolation does not mean you need to stay in your bedroom at all times but you will need to maintain a social distance from other people.

Unfortunately, you will not be able to use your day provision while at the respite service. You will be able to continue to use your day provision when you return home.

Discharge

Pick up from the respite service following your stay is required between 10am and 11am. This will enable the Ty Cila staff to deep clean the building before any further respite stays arrive in the afternoon.

NB: Covid-19 Vaccination

Regardless of whether you have been vaccinated against Covid-19 (first and/or second dose); you will still be required to follow these protocols.

Further information can be found at <https://www.swansea.gov.uk/respitafaqs>.

Please let us know if you are unable to access this webpage so we can consider alternative arrangements for you.