



# n.a.s.a news

WINTER  
2018 | 2019

## WHAT IS ADVOCACY?

Advocacy listens to young people.

Advocacy can tell you what your rights are.

Advocacy can help you have a voice and be involved in decisions about your life.

Advocacy can help you to explore your opinion and options and to speak out about issues that matter to you!

## WHAT DO WE DO AT TGP CYMRU?

TGP Cymru has a few different projects across Wales. Things like advocacy for children and young people, family work and participation groups.

We are also funded by the Welsh Government to help promote, support and update children and young people, Advocates, services and Local Authorities about the National Approach to Statutory Advocacy.

The National Approach is helping to make young people more aware of advocacy and their rights and entitlements.

## What is the National Approach and what are the Standards?

Wales has lots of good advocacy services but Welsh Government wants to make sure that all children and young people get the same high level of advocacy service no matter where they live in Wales. There is set of five standards to make sure that this happens:

### Standard 1.

Good quality advocacy that's easy to find and easy to use.

### Standard 2.

Children and young people are kept safe and have their privacy respected.

### Standard 3.

Children and young people are treated with respect and valued for their differences.

### Standard 4.

Children and young people get support and have their opinions listed to.

### Standard 5.

Children and young people can take part in the design, planning and rating of advocacy services.

*"Participation means that it is my right to be involved in making decisions, planning and reviewing an action that might affect me. Having a voice, having a choice"*

## NASA goes to the Circus!

A Pizza, Participation and Circus day was held by TGP Cymru at No Fit State Circus in Cardiff, on the 2nd of November. Young people from across Wales came together for the day, to have a voice in the development of advocacy services for young people in Wales. Everyone enjoyed the chance to take part in activities that allowed them to express their views on the National Approach to Statutory Advocacy (NASA). They talked about what advocacy means to them and how service delivery can be improved in the future.

The young people then took part in a circus skills workshop where they enjoyed activities including juggling, plate spinning, trapeze and silks.

Here are some of the comments from young people who attended the event:

**What do you feel was most important for you about today?**

**“Understanding more about advocacy!”**

**“Hope that more will be spoken about advocacy!”**

**“Learning more, having exercise!”**

**“CIRCUS!!”**

**“Doing it as a group!”**

The group also made some excellent suggestions on how we can tell other young people about NASA including making a YouTube video! We are planning this, along with some fun activities! Get in touch if you would like to be involved!

# YOUNG NASA VOICE!

Do you want to have a say on

- **how advocacy services are developed and delivered in Wales**
- **issues for young people in Wales?**

Then please join our group! TGP Cymru provides a safe space, support and fun activities to accompany the work of the group. All you have to do is come along, take part and together decide how to run your group!

**We would love to hear from you!**

## Contact:

**Natalie Brimble on 07576 044787**

**Lisanne Saladino on 07960 774405**

